

Division of Student Affairs Board of Trustees Report

APRIL 2023





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NC Central
UNIVERSITY

Division of Student Affairs



Student Government Association **SGA**

The mission of the Student Government Association (SGA) at NC Central University is to preserve and defend the rights and privileges of students, promote self-governance, guarantee a student voice and involvement in university decisions, and serve the common interest of our students.

Student Government Association

Student Body President - **Cameron Emery**
Student Body Vice President - **Amaiya Nesmith**
Senior Class President - **Jessella Gaymon**
Senior Class Senator - **A'Kayla Frazier**
Senior Class Senator - **Athailia Salmon**
Junior Class President - **Chase Bowman**
Junior Class Senator - **Ayanna Poor**
Sophomore Class President - **Emmanuel Davis**
Sophomore Class Vice President - **Nicholas Green**
Sophomore Class Senator - **Sterling Elliot**
Sophomore Class Senator - **Myles King**

Royal Court

Miss NCCU - **Gabriella Ross**
Mister NCCU - **Gabriel Bason**
Miss Senior - **Kendall Mahone**
Mister Senior - **Gerrod Duppins**
Miss Junior - **Daijah Martin**
Mister Junior - **Terry Morrison, Jr.**
Miss Sophomore - **Thesha Johnson**
Mister Sophomore - **Tyreesa Gordon**



Student Health Center

From January to March 17, 2023, the NCCU Student Health Center provided services to 924 students. These services were made available through self-schedule, call-in, and walk-in appointments. The appointments were streamlined as either "well" or "sick." Students listed as "well" required routine care such as physicals, women's, men's, and sexual health consultations. Students listed as "sick" were reserved for those ill from the flu, COVID-19, strep throat, respiratory issues, and other injuries.

Appointment Group	Appointment Types	No. of Appointments
Laboratory	Laboratory Appointments	76
Allergy	Allergic Reaction	1
Dermatology	Skin	1
Follow Up	Follow-up Appointments	30
Gynecology	Birth Control, Pap Smears, and Pregonancy	19
General	Sick, Well and Tele Health	493
Immunizations	Birth Control, NC Required, or TB	0
Infectious Disease	STI Testing and Treatment	167
Miscellaneous	Ear, General or Injury	22



Counseling Center

The North Carolina Central University Counseling Center is staffed by licensed mental health professionals. We provide individual and group counseling, crisis intervention, substance abuse prevention and intervention, anger management, and other services. The counseling center strives to provide non-judgmental and confidential services, and we hope that all students feel safe sharing their concerns.

Primary Presenting Issues

Family - 72.7% | Self-Esteem/Confidence - 63.6% | Stress - 63.6% | Anxiety - 54.5% | Academic Performance/Career/Eating Concerns/Physical Abuse/Assault - 45.5%

SI/HI - 39% - CCAPS-62 (initial measure) and 47% - CCAPS - 34 (progress measure) of students seen report initial thoughts of harm, with 17% - CCAPS62 and 28% - CCAPS34 of students with reported thoughts of harm as moderate to high.

Student Visits (July 1, 2022 - March 15, 2023)

Completed Sessions (includes all direct clinical care) - 1032 | Unique Clients Seen - 369 | Care Management Sessions - 105 | Outreach Events Offered - 76

Of the students seeking services, 82% indicated experiencing some form of trauma during their lifetime.

In addition, 10.1% of students sought services directly related to the impacts of COVID-19, with 96.7% of those students identifying COVID-19 as negatively affecting a major aspect of their life.



Mental Health Initiatives



Collaborative Step Care Model

The Collaborative Step Care Model recognizes that students' needs can be supported in clinical and non-clinical ways for optimal wellness and functionality and addresses mild, moderate, and severe disruptions that can occur at any time in response to stressors and change.

The NCCU Counseling Center continues to increase efforts to collaborate with campus and community partners to implement a stepped care process



Mental Health First Aid (MHFA)

The NCCU Counseling Center coordinates a regular schedule of training that is open to students, faculty/staff, and community members.

The team of instructors comprises staff and faculty from the Counseling Center, Health Promotion and Education, the Nursing Dept., and Univ. PD and Public Safety. Mental Health First Aid (MHFA) helps individuals support others through prevention and early intervention responses for their well-being.

Attendees build the skills and confidence needed to reach out and provide initial support to those struggling and learn how to help connect them to appropriate support.



Mental Health Initiatives



TAO

TAO is an adjunct self-help platform for students to develop healthy habits and coping skills for a variety of topics to include depression, anxiety, stress, relationships, mindfulness, and interpersonal skills.


Additionally, TAO content includes non-cognitive and personal development skills to support academic success, retention, and career readiness. TAO content can also be embedded in academic course content through CANVAS to support non-cognitive skills that impact academic performance.

This opportunity as the university transitions to CANVAS as its learning management system, also helps connect well-being support at the prevention and early-intervention levels.



Additional Well-Being Initiatives

- Continued cross-training for practicum and internship students and collaborative support with the Eagle Counseling, Consulting, and Research Clinic (ECCRC).
- AOD Specialist and Staff Counselor, Andrew Elman will presented at the 2023 Behavioral Health Convening held on March 21st with Benjamin Asma (Appalachian State University), and Jarmichael Harris (Scholastic Recovery, ARHE) about collegiate recovery programming; Session Title: "Creating Collegiate Recovery Oriented Systems of Care".



Health Promotion and Education (HPE)

Health Promotion and Education HPE aims to empower students to achieve lifelong health and well-being that positively impacts healthy behaviors, improves health outcomes, and enhances overall community health.

EagleFIT

The EagleFIT Health & Well-being Initiative continues to implement critical initiatives that address aspects of well-being such as emotional (mental), social, environmental, physical, and intellectual. During this time, we conducted several events with student organizations such as the student activities board (SAB), the student government association (SGA), and Royal Court to bring awareness to this project and garner support.

Accomplishments

Since January 2023, we've reached over 1000 students through a variety of programs and events:

- Play Fair Event
- HIV/STD Testing Events
- Safe Sex Education and Condom Distribution
- Nutrition Education with Healthy Snacks
- Relaxation & Mindfulness Education
- Sleep Wellness

Health Promotion and Education (HPE)


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CALM App Rollout

In keeping with our Eagles' emotional and social dimensions of well-being, we continue to roll out CALM among our students. Enrollment peaks during key programming events and via email messages. We will have a CALM push for faculty and staff during the summer and conduct educational sessions. Finally, we will continue to run multiple campaigns to capture new and current students during the fall2023 semester. Below is a snapshot of enrollment and utilization to date:





Health Promotion and Education (HPE)

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HIV/STI Education and Sexual Literacy Survey

According to a recent report, the highest rate of HIV infection is among ages 13-24. Given this rising trend, we have ramped up outreach efforts for students to learn about sexual health, the spectrum of sexual activity (abstinence to sexually active), and safe sex practices. We are also collaborating with the Office of Institutional Research & Analysis to develop a comprehensive sexual literacy survey to inform future offerings and outreach.

Future Plans

Establish EagleFIT as a registered student organization (RSO). As an RSO, EagleFIT will be eligible for student fee funding to provide collaborative and inclusive health & well-being projects campus-wide. The Office of Health Promotion & Education will provide advisory support and training.

Additionally, EagleFIT student leaders will have serve as representatives on University groups focused on health and well-being.

Student Accessibility Services (SAS)

- PepsiCo Scholarship Fund
 - In partnership with Division of Institutional Advancement and Campus Enterprises, SAS secured \$100K from the PepsiCo Scholarship Fund to support 10 SAS scholars a year for the next ten years.
- 2023 Accessibility Summit - Friday, March 24, 2023
 - In collaboration with the Office of Faculty and Professional Development, Office of Legal Affairs, Office of E-Learning, and Visual Impairment Training Program, the Accessibility Summit provided NCCU faculty and staff with the opportunity to learn more about accessibility resources, accommodation registration processes, and ADA laws/regulations. Faculty and staff also learned best practices for supporting students with various disabilities and heard first-hand from SAS scholars about their NCCU experience.
- "Guide to Digital Accessibility" Book
 - The SAS team was invited by Dr. Rachael Brook - Director of the Office of E-Learning, to co-author a chapter in the "Guide to Digital Accessibility: Policies, Practices, and Professional Development" book published by Quality Matters, Rae Mancilla, and Barbara A. Frey (2023).

First-Generation Student Success

- 2nd Annual TRIO Student Access and Success Conference - March 30 - April 1, 2023
 - A three-day student development conference to provide pre-college and collegiate first-generation, low-income, and underrepresented students the opportunity to grow personally and professionally. This year's conference brought over 250 attendees from eight states.
- First Scholars Institutions
 - The Center for First-generation Student Success, an initiative of NASPA and The Suder Foundation, announced NCCU of one of twenty-two higher education institutions to advance to the First Scholars phase of the First Scholars Network. NCCU was chosen based upon demonstrated commitment to advancing the outcomes of first-generation students through improving both first-generation student success initiatives and institution-wide approaches.
- Summer Access & Success Program - June 22 - July 28, 2023
 - The Summer Access and Success Program is a four-week virtual enrichment program for incoming first-year and first-generation transfer students from a limited-income background or with a documented disability. This program allows students to receive proactive support services and create campus connections before the start of the academic year.

TRIO Student Acce[SSS] Program

- Summer Leadership Academy (SLA)- May 22 - June 16, 2023
 - In partnership with the TRIO Ronald E. McNair Scholars Program, the SLA is a three-week intensive program that allows scholars to participate in one of three specialized tracks (financial literacy, graduate school prep, or career exploration). SLA participants also receive a \$700-\$1,000 scholarship upon program completion and capstone presentation.

TRIO Upward Bound (UB) Programs

- \$2.87 Million Awarded
 - Awarded by the US Department of Education to serve Person and Graham County to support the success of high school students at Person High (Roxboro, N.C.) and Graham High (Graham, N.C.).
- Atlanta College and Cultural Tour - April 12-16, 2023
 - UB Scholars will travel to Atlanta, Ga., for a college and cultural tour to visit various universities, museums, and historical sites in a effort to increase college-going rates and overall development.
- UB Jump Start & Residential Programs - June 19 - July 28, 2023
 - The UB Jump Start Program (June 19 - July 7) is a three-week program that allows pre-college students to visit NCCU during the day to gain academic, personal, and professional skills. The UB Residential Academy (July 9-28) is a three-week program that allows pre-college students to stay on campus at NCCU and participate in academic, personal, and professional development activities.



TRIO
UPWARD BOUND

Recreation and Wellness

RecWell

Participant Usage (Jan.-Feb.)

- Fitness Center - 7,685 Engagements
- Gymnasium - 713 Engagements
- eSports Lounge - 239 Engagements
- Aquatic Center - 96 Engagements
- Group Fitness - 155 Engagements



Intramural Sports

- Volleyball Tournament
- Men's Basketball League
- Women's Basketball League
- Volleyball League
- NBA 2K Esports Tournament
- NFL Madden Esports Tournament



External Partnerships

Hosted Black College Con Summit with Black Collegiate Gaming Association - 207 registered participants (virtual and in-person) with a total of 92 esports tournament participants and 17 speakers and presenters. At the conclusion of the event one onsite \$1,000 scholarship was awarded.



Charles Jennings, NACE Board of Directors

Charles Jennings, the North Carolina Central University Career and Professional Center Director has been appointed to the National Association of Colleges and Employers (NACE) Board of Directors.

With this appointment, Jennings becomes the only director from a Historically Black College or University on the NACE Board of Directors.

NACE is a non-profit organization that aims to connect college career services professionals and employers to facilitate the employment of college graduates. NACE provides various resources, research, and training to its members to help them improve college students' career readiness and job placement.

Mr. Jennings' appointment begins July 1, 2023 and concludes June 30, 2025.





Student Orientation, Advising and Registration (SOAR)

New Student and Family Programs provides education, leadership, and professional development in the areas of college student orientation, transition, retention and parent and family programs.

<i>Fall 2023 SOAR Registration</i>		
Registration Type	As of 03/27/23	Prior Week 03/20/23
New First Time	785	665
Transfer	37	29
Total	822	694



Student Orientation, Advising and Registration (SOAR)

Along with preparing our new and first-time Eagles for NC Central University, the office of new student and family programs offers a number of educational resources to retain the NCCU engagement amongst the faculty, staff, and students, including, SOARing Together, Eagle Kickbacks, and the Wind Beneath my Wings.

SOARing High		
SOARing Together! (Univ. SOAR Mtgs.)	Eagle Kickback	Wind Beneath my Wings
February 15 Attendance: 20	February 16 Attendance: 11	February 16 Attendance: 11
March 1 Attendance: 15	March 1 Attendance: 160	March 1 Attendance: 160
March 22 Attendance: 6	March 22 Attendance: 121	March 23 Attendance: 121
April 5	April 5	April 6



Residential Life

Residential Life Fall 2023 Completed Applications (as of 03/27/23)

Type of Application	Application Numbers
2nd Degree (Other than NCCU)	1
Continuing Student <60	1062
Continuing >60	864
Graduate Student	10
Law Student	8
New First Time Freshman	791
Readmit <60	4
Readmit >60	2
Transfer Student	18
Total	2760





Centralizing Brand You- Marketing & Communications Conference April 22, 2023



In 2019, the North Carolina Central University Division of Student Affairs began hosting a one-day marketing and communications conference to highlight all aspects of the industry to NCCU students. This year's conference will be open to NCCU faculty, staff, and students.

The conference will utilize industry leaders as speakers and break-out session moderators throughout the day to share their educational backgrounds and career paths, discuss industry trends and challenges, and offer insight to our students as they maneuver their matriculation towards future careers.

The day will feature discussions on general marketing, public relations, photography, videography, graphic design, social media management, resume writing, event management, and more.

THANK YOU

Vice Chancellor
Angela Alvarado Coleman



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